

Andrea Ford, Agency Director

## ADVISORY COMMISSION ON AGING

### General Session Agenda

Monday, July 8, 2024 9:15am – 11:45am

In-Person:

Alameda County Public Health (Creekside)

**Room 216ABC**

1100 San Leandro Blvd.  
San Leandro, CA 94577

**TELECONFERENCING GUIDELINES:** FOR TELECONFERENCED COMMISSION MEETINGS, MEMBERS OF THE PUBLIC MAY OBSERVE AND PARTICIPATE IN MEETINGS BY FOLLOWING THIS LINK: [ZOOM LINK](#) OR DIALING IN +1 669-900 6833 US (San Jose). Meeting ID: 899 2454 4024 | Passcode: 839169

Public participation at Commission meetings is encouraged. We request that individuals limit their comments on any single item on the agenda to two minutes. The chosen spokesperson for a group may speak for four minutes.

| Agenda Item   | Material | Presenter                             | Time        |
|---|----------|---------------------------------------|-------------|
| Call to Order/Roll Call   |          | Chair                                 | 9:15–9:20   |
| Approval of July 8, 2024, ACA Meeting Minutes   | Attached | Chair/Commission                      | 9:20–9:25   |
| Comments from the Public for Items not on the agenda  |          | General Public                        | 9:25–9:35   |
| Comments from the ACA Chair <ul style="list-style-type: none"> <li>▪ Status of ACA</li> <li>▪ Recruitment</li> <li>▪ ACA Rules and Etiquette</li> </ul> |          | Chair                                 | 9:35–9:45   |
| <a href="#">Area Agency on Aging</a> Director’s Report  |          | Connie Soriano, SSA                   | 9:45-10:00  |
| Presenter— <a href="#">Mercy Brown Bag</a><br>Topic: Nutrition Services   |          | Janice Roberts,<br>Executive Director | 10:00–10:30 |

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| Presenter— <a href="#">Open Heart Kitchen</a><br>Topic: Nutrition Services  |                    | <b>John Bost,<br/>Executive Director</b> | 10:30—11:00 |
| Commission Committee Reports<br><ul style="list-style-type: none"> <li>▪ Executive</li> <li>▪ Service Delivery</li> <li>▪ Public Relations</li> </ul> Legislative | (5 min per report) | <b>Committee Members</b>                 | 11:00—11:30 |
| Oral Communications/Public Comment  |                    | <b>Commissioners, Staff,<br/>Public</b>  | 11:30—11:45 |
| Adjournment   |                    | <b>Commission</b>                        | 11:45       |
|   |                    |  |             |

**Next ACA General Session is scheduled for Monday, August 12, 2024, 9:15am—11:45.** Check the website [Advisory Commission on Aging \(alamedacountysocialservices.org\)](http://alamedacountysocialservices.org) for update.

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**Notes**

Andrea Ford, Agency Director

**ADVISORY COMMISSION ON AGING (ACA)  
General Meeting Minutes  
Monday, June 10, 2024, | 9:15am to 11:45am  
Alameda County Public Health  
1100 San Leandro Blvd  
San Leandro, CA 944577**

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| <p><b><u>ACA Commissioners Present</u></b><br/>         Laura McMichael-Cady (Chair)<br/>         Barbara Price<br/>         Bobby Grant (Vice-Chair) = On-Line<br/>         Denise McCowan<br/>         Linda Boykins<br/>         Lisa Malul<br/> <b><u>Commissioners Absent</u></b></p> | <p><b><u>County of Alameda Staff Present</u></b><br/>         Jennifer Stephens-Pierre<br/>         Sonya Frost<br/>         Charles Jones<br/>         Esperanza Contreras<br/>         Rhoda Turner<br/>         Kim Fogel<br/>         Bryan Heath<br/>         Janine Carlson</p> |
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| Item  | Discussion / Recommendations   |
|---|--|
| A. CALL TO ORDER  | Meeting Chaired by Commissioner McMichael-Cady called to order at 9:28 a.m.<br>Roll Call of Commissioners<br>Quorum achieved.  |
| B. REVIEW AGENDA.   | Agenda reviewed and approved as read.  |
| C. APPROVE MINUTES  | Motion to accept meeting minutes from 05/13/2024:<br>(M) Laura McMichael-Cady<br>(S) Denise McCowan<br>Approved.   |
| D. COMMENTS FROM THE PUBLIC   | None   |
| E. Comments from the ACA Chair ♣ Status of ACA ♣ Recruitment ♣ Tentative Speaker Topics | Status of ACA:<br><ul style="list-style-type: none"> <li>○ The new Commissioner Lisa Malul was introduced.</li> </ul> Recruitment:<br><ul style="list-style-type: none"> <li>○ Intern Ahmad Price created a flyer for the Commission's recruitment.</li> </ul> |

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|  | <p>Tentative Speaker Topics:</p> <ul style="list-style-type: none"> <li>○ C4 Conference.</li> <li>○ AC Trends.</li> <li>○ Chair McMichael-Cady suggested that the commissioners forward the topics that they would like to have for future meetings to her, so they can discuss at their Executive meetings.</li> </ul> <p>Tentative 2024-2025 Budget</p> <ul style="list-style-type: none"> <li>○ A revised proposed budget of \$9,000 was suggested. <ul style="list-style-type: none"> <li>i. Conference/Travel – C4A Conference (\$350 registration, \$1,000 lodging, \$500 flights, \$200 transportation) <b>total \$2,050.</b></li> <li>ii. Conference/Travel – USAging Conference (\$750 registration, \$1,000 lodging, \$500 flights, \$200 transportation) <b>total \$2,450</b></li> <li>iii. Outreach/Education/Tech Assist/Training (pamphlets, treats, door prizes, etc.) <b>total \$500</b></li> <li>iv. Strategic Planning Retreat (food) <b>total \$500</b></li> <li>v. Food for Meetings <b>total \$500</b></li> </ul> </li> </ul> |
| <p>F. 2024-2025 ACA ELECTIONS</p> <ul style="list-style-type: none"> <li>• ACA Chair</li> <li>• ACA Vice Chair Report</li> </ul> | <p>Laura McMichael-Cady nominated herself as chair and Bobby Grant as Vice-Chair</p> <p>(M) Laura McMichael-Cady<br/>(S) Denise McCowan<br/>Approved for Chair</p> <p>(M) Laura McMichael-Cady<br/>(S) Lisa Malul<br/>Approved for Vice Chair</p>  |
| <p>G. Presenter - Empowered Aging<br/>Topic: Mental Health</p>   | <p>Paris Terrell, Regional Supervisor with Alameda County Empowered Aging displayed a Power Point Presentation on Empowered Aging. What they do – advocate for older adults and adults with disabilities to best meet their unique needs.</p>  |
| <p>H. AAA DIRECTOR'S REPORT<br/>(J. Stephens-Pierre)</p>   | <p>a. <b>Administrative Supports:</b></p> <ul style="list-style-type: none"> <li>i. C4A Conference: Reimbursement</li> <li>ii. USAging: Innovation, data/performance, legislation, program improvements (July 2025)</li> <li>iii. Commission Budget</li> <li>iv. Update: SIPP Conference: Cost is \$65 per person, on May 16<sup>th</sup>, Hilton Garden Inn (Emeryville)</li> </ul> <p>b. <b>High-Level Overview</b></p> <ul style="list-style-type: none"> <li>i. CWAP is approved</li> <li>ii. Impact Report</li> <li>iii. SFMNP</li> <li>iv. Healthcare Career Pathways (HCP) – July 2024</li> </ul>   |

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|                             | <p style="text-align: center;">v. 2026-2030 RFP</p> <p>c. <b>PROGRAM/FUNDING:</b> Currently working on projections for the new fiscal year. AP Budget released: AAA’s budget team are to determine allocations. Addressing priorities: Safety, senior centers, transportation, and employment.</p> <p>d. <b>Spotlight: Signature Event, CalFresh Expansion and SNAP-ED Programs:</b></p> <ul style="list-style-type: none"> <li>i. Facebook Live Event: Showcase of Services (September/October 2024)</li> <li>ii. Reconfigure service delivery of SNAP-ED Program (Community Garden, Direct Nutrition Education, Physical Activity)</li> </ul> <p>e. <b>Database Transition:</b></p> <ul style="list-style-type: none"> <li>i. WellSky to RTZ will transition on July 2024</li> </ul> <p>f. <b>ADRC Update:</b></p> <ul style="list-style-type: none"> <li>i. New Leadership at CIL</li> <li>ii. New Budget</li> <li>iii. Emphasis on Cal-AIM</li> <li>iv. Care Transitions (Month meetings)</li> <li>v. Care Transitions Roundtable (September 2024)</li> </ul> |
| <p>I. COMMITTEE REPORTS</p> | <ul style="list-style-type: none"> <li>• <b>Executive Committee</b> – The Executive Committee will not meet this month. The next meeting will be in July.</li> <li>• <b>Service Delivery</b> – Commissioner Boykins resigned as committee chair for Service and Deliverables.</li> <li>• <b>Public Relations</b> – Commissioners McMichael-Cady and Grant put together a newsletter.</li> <li>• <b>Legislative</b> – No report given.</li> </ul>  |
| <p>J. ADJOURNMENT</p>       | <p>Meeting adjourned at 11:51 a.m.</p>  |